



KINGSHURST PRIMARY SCHOOL

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Headteacher: Miss Hunter

Dear Parents and Carers

I am delighted to inform you that children in **Nursery AM** have been given the opportunity to take part in Forest School Sessions throughout the school year. These sessions will be on **Tuesday 4th May 2021** and **Tuesday 11th May 2021**.

Forest School is lots of fun and will take place in the specially created area in the school grounds. During the sessions, children will be working with each other to carry out set activities such as: den/shelter building, role play, exploration, together with practical and creative skills/tasks.

Research has shown that Forest School can have a powerful effect on children's confidence, self-esteem and independence as well as an increase in social and physical skills.

Forest School will take place in all weathers (with the exception of heavy winds and thunder storms). Therefore, for each session, we ask that **your child comes to school wearing their Forest School clothes**, which should consist of the following during the colder/wet weather:

- OLD outdoor/play clothing (e.g. Long trousers / Long sleeved top as they will get muddy)
- A WARM coat or light Jacket if the weather is warm (preferably waterproof)
- A jumper or fleece
- Wellington boots
- Warm socks
- Spare shoes to change back into
- Hat, scarf, gloves (as appropriate, we go out in all weathers)
- Sun hat (warmer weather)
- Sun cream applied before school / Nursery

If the weather is warm, please ensure your child has long sleeves and trousers/ leggings to protect them. Apply sun cream prior to nursery and provide a sunhat with your child's name written on the label.

Yours sincerely

Rebecca Hall

Level 3 Forest School Practitioner/Teaching Assistant