



Foundation

MENTAL HEALTH *Parenting Workshop*

IS YOUR CHILD STRUGGLING WITH THEIR MENTAL
HEALTH, ANXIETY, SCHOOL AVOIDENCE, LOW
MOOD OR SELF HARM? JOIN OUR WORKSHOP TO
LEARN HOW TO SUPPORT THEM AND WHAT HELP
IS AVAILABLE

March 20th at 10 - 12 Via Teams



BOOKINGS VIA EVENTBRIT USING QR CODE

Send any questions to bsmhft.schools@nhs.net

