



| Kingshurst Primary School                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                      |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |
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| Religious Education:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Year 4                                                                               | Spring 1                                                                                                                                                                                                              | Enquiry Question: Could the Buddha's teachings make the world a better place?                                                                                                                                                  |
| Religion: Buddhism                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                      |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |
| This enquiry focusses on key teachings given by the Buddha. You will have the opportunity to consider how they could apply some of these to your own life                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                      |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |
| What we will learn:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                      | Link to other aspects of belief                                                                                                                                                                                       | Personal connection                                                                                                                                                                                                            |
| <ul style="list-style-type: none"><li>Some of Buddha's teachings include the Three Marks of Existence and the Noble Eightfold Path</li><li>The Three Marks of Existence/universal truths<ul style="list-style-type: none"><li>Dukkha (suffering) is everywhere all the time</li><li>Anicca – the belief that nothing lasts, everything changes</li><li>Anatta (the belief that there is no 'self').</li></ul></li><li>Noble Eightfold Path<ul style="list-style-type: none"><li>Right Viewpoint – You should look at life in the right way (i.e. being positive)</li><li>Right Thought – You should think about others, not just yourself</li><li>Right Speech – You should talk to people properly, with respect</li><li>Right Action – You should act in a way that does not hurt people e.g. no stealing</li><li>Right Living – Your job must help, not harm other people or animals</li><li>Right Effort – You should do the best that you can</li><li>Right Awareness – You should be sensitive to the needs of others</li><li>Right Concentration – You should focus your mind on what needs to be done – especially solving problems – Concentrate by using meditation</li></ul></li></ul> |                                                                                      | <ul style="list-style-type: none"><li>Four Noble Truths</li><li>Five Precepts</li><li>Nirvana</li></ul>                                                                                                               | <ul style="list-style-type: none"><li>What do I think would make the world a better place?</li><li>How could I use Right Speech?</li><li>What Right Actions could I do?</li><li>How do I feel about changes in life?</li></ul> |
| Key Vocabulary                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                      | Impact on believer/daily life                                                                                                                                                                                         |                                                                                                                                                                                                                                |
| Dukkha: (suffering) is everywhere all the time                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |   | The teachings focus on two key points<br>1. They have to understand and accept some difficult truths about life<br>2. They have a responsibility for our own thoughts, words, and deeds and for the impact they have. |                                                                                                                                           |
| Anicca: the belief that nothing lasts, everything changes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |  |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |
| Anatta: the belief that there is no 'self'                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |   |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |
| Home learning ideas/questions: What could we put more effort into? Could we use kind speech a little more? What impact would this have in our homes and lives?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                      |                                                                                                                                                                                                                       |                                                                                                                                                                                                                                |